

to register visit:
ncdcma.org/alliance-women



Alliance Women
of the North Central District

Fall Retreat Sept 22-24



Bee
Overflowing
2023



Registration opens
August 1st



\$175

Invite the Holy Spirit
to fill you and overflow your cup



Amy Roedding
keynote speaker



"Blessed are those who hunger
and thirst for righteousness, for
they will be filled"
Matt 5:6



A weekend away...

Enjoy time away, relax to the sounds of whispering pines and lapping waters, and be renewed and refreshed in body and soul. The annual Women's Retreat provides a weekend with new and old friends sharing times of fellowship, reflection, and laughter. We stop at nothing to provide fabulous food, a variety of activities, break-out sessions, inspiring worship, as well as solid Biblical teaching.

Register by September 17th

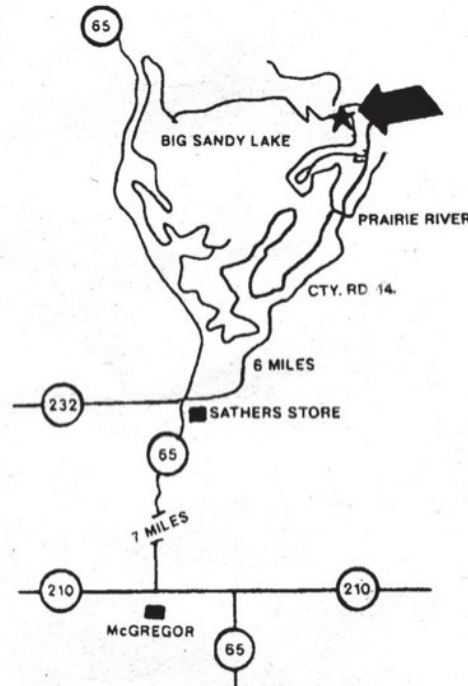


Big Sandy Camp & Retreat Center is a Christ-centered facility affiliated with the North Central District of the Christian & Missionary Alliance located on the northeast corner of Big Sandy Lake, just a few miles north of McGregor, MN. To learn more about Big Sandy, please visit: www.bigsandycamp.com

ALLIANCEWOMEN

The Women's Retreat is sponsored by Alliance Women, a ministry of the North Central District of The Christian & Missionary Alliance. We look forward to seeing you and are praying that God will use this retreat for His glory in your life!

DIRECTIONS TO BIG SANDY CAMP



From the Dairy Queen on Highway 65, travel 7 miles north of McGregor, MN. At Sather's Store, turn right onto County Road 14 (opposite Hwy 232) proceed approximately 6 miles.

Just beyond the Big Sandy Community Church, turn left onto County Road 36/Loon Ave. Proceed 1/4 mile (bottom of hill) and turn left onto 184th or 185th Place. Please Note: Signs will indicate the route to Big Sandy Camp from Sather's Store.

Bee Overflowing

Women's Retreat

Sponsored by the
North Central District of the C&MA

September 22-24

with keynote speaker
Amy Roedding



Big Sandy Camp & Retreat Center
52511 185th Place
McGregor, MN 55760

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Schedule Overview

FRIDAY:

5:00-6:45 pm Check-in, Lakeview Lodge
(evening meal on your own)

6:50 p.m. Door Prizes-n-More, Fisher Chapel

7:00 p.m. Session 1

9:00 p.m. Check-in reopens after Session 1

SATURDAY:

8:00 a.m. Breakfast, Lakeview Lodge

9:20 a.m. Door Prizes-n-More, Fisher Chapel

9:30 a.m. Session 2

12:00 p.m. Lunch, Lakeview Lodge

1:00-5:15 p.m. Break-out Sessions & Free Time

5:15 p.m. Supper, Lakeview Lodge

6:50 p.m. Door Prizes-n-More, Fisher Chapel

7:00 p.m. Session 3

SUNDAY:

8:00 a.m. Breakfast, Lakeview Lodge

9:20 a.m. Door Prizes-n-More, Fisher Chapel

9:30 a.m. Session 4

11:00 a.m. Farewell

Giving Opportunities

Mercy Market shopping – giving hope to a hurting world through the sale of international artistry.

Giving support to a local church serving the homeless in their community

Compassion Church

Making a global impact by providing financial support to missionaries abroad

Britta Thrane

Free Time Options

- Mercy Market
- Compassion Church coffee grounds
- breakout sessions
- workout Zumba class
- Big Sandy store and coffee shop
- hay rides
- climbing wall
- hiking, walking, reading
- prayer time
- games
- painting
- and other late-night activities

Registration

<https://women.northcentralalliance.org/events>

registration fee: \$175

***\$160 early registration first week of August
registration closes September 17**

(ladies only please – no babies or small children)

NOTE: Please list any Special Requests in the space provided on the online registration form.

What to Bring

- Bible, notebook, pen
- pillow, sleeping bag and/or twin bedding
- towels and toiletries
- warm casual clothes, jacket, gloves
- walking/hiking shoes
- workout clothes for workout session
- \$\$ for offering, Mercy Market, camp store
- snacks and games to share
- a friend!

Questions???

For more information contact:

Emma: ncdistrictwomenretreat@gmail.com

For registration questions contact:

Candi: ncdistrictwomenretreat@gmail.com



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Sept 22-24

Amy Roedding
keynote speaker

Amy Roedding is an educator, developer, recruiter, and a spiritual formation appassionato. She and her husband served as teachers with the C&MA in Quito, Ecuador. Amy taught adjunctly at Taccoa Falls College and currently teaches for Crown College's Online School of Ministry. She holds her doctorate in Educational Leadership from Columbia International University and is ordained by the C&MA. Spending time with women around the word, worship and guiding in healing prayer is a great honor for her.

Alliance Women invites you to
Fall Retreat

Big Sandy
Camp

Sept 22-24

Bee
Overflowing

ncdcma.org/alliance-women

Registration

\$175



Open August 1st

first week of registration

\$160



women.northcentralalliance.org/events

C O S T F O R A W E E K E N D A W A Y



Night at a Hotel	\$125 X 2	= \$250
Meals	\$12 X 3	= \$36
Snacks	\$10	= \$10



\$296+

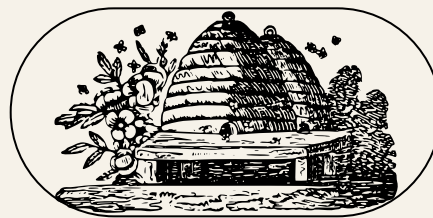


Spiritual Retreat

No cooking	= priceless
Growth, Rest, Encouragement	= priceless
Fellowship and Fun	= priceless
Quiet time away from kids	= priceless



SUGGESTED RETREAT PACKING LIST



CLOTHING

- shirts
- pants
- sweatshirt/ jacket
- pajamas
- socks
- underwear
- comfortable walking shoes
- athletic outfit (optional zumba session)
- hat & gloves (evenings can be chilly)

LINENS

- pillow & pillow case
- blanket(s)
- sleeping bag or twin/ full sheets*
- comforter (optional)
- towels (body, hair, face etc..)

*most mattresses are twin sized,
but one per room is full/queen sized

TOILETRIES

- shampoo
- conditioner
- body wash
- toothbrush
- toothpaste
- deodorant
- chapstick
- facial care items
- lotion
- hair care items
- contacts/ glasses
- medications
- makeup

SUGGESTED RETREAT PACKING LIST



SESSIONS

- Bible
- journal
- preferred writing utensils

MISCELLANEOUS

- water bottle
- earplugs
- flashlight
- chargers
- headphones
- travel mug
- cash (closest ATM is 6 miles away)
- snacks
- board games

EXTRA

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